Contents

Acknowledgments xi
Anne Applebaum
Foreword xiii
Editor’s Introduction
The Distinctive Features of Repression in Communist States xv

The Soviet Union

Janusz Bardach
Man Is Wolf to Man: Surviving the Gulag 3
F. Beck and W. Godin
Russian Purge and the Extraction of Confession 21
Vladimir Bukovsky
To Build a Castle 39
Eugenia Ginzburg
Journey into the Whirlwind 53
Jerzy Gliksman
Tell the West 66
Gustav Herling
A World Apart 80
Anna Larina
This I Cannot Forget 104
Anatoly Marchenko
My Testimony 120
FROM THE GULAG TO THE KILLING FIELDS

Aleksandr Solzhenitsyn
One Day in the Life of Ivan Denisovich 137

>

EASTERN EUROPE

ALBANIA

Nika Stajka
The Last Days of Freedom 151

BULGARIA

Georgi Markov
The Truth That Killed 169
Tzvetan Todorov
Voices from the Gulag 183

CZECHOSLOVAKIA

Arthur London
The Confession 193
Eugene Loebl
My Mind on Trial 214

EAST GERMANY

Mike Dennis
The Stasi 234

HUNGARY

Paul Ignatius
Political Prisoner 255
Gyorgy Paloczi-Horvath
The Undefeated 268

POLAND

Jan Mur
A Prisoner of Martial Law 277
Contents

ROMANIA

Lena Constante
The Silent Escape: Three Thousand Days in Romanian Prisons 286

YUGOSLAVIA

Venko Markowski
Goli Otok: Island of Death 303

CHINA

James Cameron
Mandarin Red 319

Bao Ruo-Wang
Prisoner of Mao 324

Harry Wu
Bitter Winds: A Memoir of My Years in China's Gulag 345

Pu Ning
Red in Tooth and Claw: Twenty-Six Years in Communist Chinese Prisons 364

Tenzin Choedrak
Jiuzhen Prison—A Tibetan Account 382

Wei Jingsheng
Q1—A Twentieth-Century Bastille 393

Gao Yuan
Born Red 402

Palden Gyatso
Autobiography of a Tibetan Monk 414

CAMBODIA

Haing Ngor
A Cambodian Odyssey 439

vii
FROM THE GULAG TO THE KILLING FIELDS

JoAn D. Criddle and Teeda Butt M am
To Destroy You Is No Loss 448

Pin Yathay
Stay Alive, My Son 465

Dith Pran (compiler)
Children of Cambodia's Killing Fields 478

VIETNAM

J ade Ngoc Quang Hu'ynh
South Wind Changing 503

James M. Freeman (editor)
Hearts of Sorrow 513

Doan Van Toai and David Chanoff
The Vietnamese Gulag 533

Tran Tri Vu
Lost Years: My 1,632 Days in Vietnamese
Reeducation Camps 549

CUBA

Reinaldo Arenas
Before Night Falls 569

Charles J. Brown and Armando M. Lago (editors)
The Politics of Psychiatry in Revolutionary Cuba 584

Armando Valladares
Against All Hope 603

Jorge Valls
Twenty Years and Forty Days: Life in a Cuban Prison 628
## Contents

### NICARAGUA

Roger Miranda and William Ratliff  
*The Civil War in Nicaragua*  
655

Fleeing Their Homeland: A Report on the  
Testimony of Nicaraguan Refugees  
666

### NORTH KOREA

Kang Chol-hwan  
*The Aquariums of Pyongyang*  
683

### ETHIOPIA

Myles F. Harris  
*Breakfast in Hell*  
701

D. W. Giorgis  
*Red Tears*  
715

Notes  
737